



# TRAVELLING NOTES

Newsletter of the Music and Imagery Association of Australia  
(MIAA) Inc

Reg No. AOO321OH

ABN 33796 122 546

**Summer Edition 2011**

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## EDITORIAL

It is with regret that I need to resign from my position as Newsletter Editor following the production of this Summer Edition of "Travelling Notes"

I am sitting and reflecting on how this role came to me. In 2007 Ngame Grzesik invited me to assist her in editing "Travelling Notes", a task which I found stimulating and interesting. Bronwen James joined us on the team.

Ngame died unexpectedly in June 2008 and I took on the editorial role as a tribute to her.



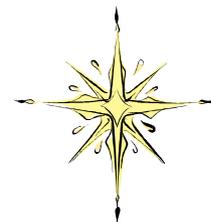
Wilson's Promontory 2011

Barb Brabets

"Music is the harmony of the universe in microcosm; for this harmony is life itself, and in man, who is himself a microcosm of the universe, chords and discords are to be found in his pulse, in his heartbeat, his vibration, his rhythm and tone. ...."

The wonderful thing about music is that through it one can achieve concentration and meditation independent of thought. In this sense it bridges the gulf between conscious and unconscious, between form and formlessness. If there is one thing that can be grasped by the understanding and is effective, yet at the same time has no form, that thing is music."

*From: The Sufi Message of Hazrat Inayat Khan:  
Vol 11*



It was a daunting one but our creative Ngame had laid a wonderful foundation for me to follow.

I wish to thank all of you who have willingly made contributions for each edition which has made our newsletter a focal point for our members who are spread across Australia and overseas.

In April of this year Maryann Najpaver the Executive Secretary of the Association for Music and Imagery (AMI) notified me that our newsletter would be included in the AMI Website. It was a privilege to feel so connected to our roots in the USA.

I would like to also express my thanks to my faithful editorial team Liz Ely and Bronwen James for their continued support and assistance in the production of "Travelling Notes".

May the Blessings of the coming Christmas season be with you all. Travel well.

Marg Lee

## **MEMBER CONTRIBUTIONS**

Thanks Marg!

I would like to offer an appreciation of the great work done by past secretary Marg Lee which I've been aware of since I participated in the first MIAA Skype group in April 2010 and later joined MIAA from Auckland, New Zealand.

I could see that the work involved in coordinating two Skype groups – or four if you count the 2011 groups too – was quite a large undertaking involving many communications and lots of behind-the-scenes work to make sure we were all together at the right times, having listened to the set programmes beforehand with CDs supplied by her.

Coupled with coordinating these four international experiences, Marg has also assembled photographic and print material for our full and informative quarterly newsletters. It is no small feat to extract sufficient publishable copy from people by set deadlines four times a year - what a

contribution! Such commitments can be a huge drain on one's personal time and energy, and also involve lots of mental preoccupation in an already busy life. We appreciate enormously all these valuable gifts of your time and self.

For me personally Marg has been unfailingly prompt and helpful in her e-mail communications, which I have greatly appreciated from 'over the ditch' in Auckland. I recognise again her great commitment to providing efficient service to MIAA members, and I am extremely grateful for it.

I am sure she has undertaken many other activities in her role as MIAA secretary, but these are the ones that have been visible to me from afar.

Thank you, for all you have done both for me personally as a member of MIAA, and also for the organisation as a whole in your role as secretary, at least since I joined MIAA. You have made a tremendous contribution to the smooth running and efficiency of the organisation, and we are all indebted to you for your hard work and willingness to assist. We will miss your cheerful and helpful communications, but hope that you will appreciate the extra space in your life that will now come your way. Our gratitude to you, Marg, and many blessings for your future.

Peggy Haworth, Auckland, New Zealand

## **MIAA CODE OF ETHICS**

Please note a new addition to MIAA Ethics:

**Code of Ethics p 9. 6 add vi)**

'RGIMTs will have current professional indemnity insurance.'

Recommended by MIAA PPC Oct 2011, Ratified by

MIAA Council Nov 3<sup>rd</sup> 2011

## POETIC PIECE



Marg Lee

### *A Warm December Night*

*Peace has settled on the dark  
city streets.*

*Parched paddocks and farms  
rest quiet.*

*Warm, silent night has its  
bewitching spell cast  
Over a world in hushed  
anticipation mired.*

*Christmas lights, like Earth  
bound stars,  
Twinkle tinsel bright, in  
festive trees suspended.  
Porch lights, like friendly,  
midnight suns,  
Blaze welcome to all intended.*

*In shadow painted gardens, sweet  
honeysuckle drifts,  
Red balsam with white geraniums pale  
glimmer.  
Under the red bottlebrush's sheltering arms,  
Cheerful petunias in their party hats gather.*

*Small, hot children toss about in their beds,  
Impatient for a bright Christmas morning.  
Dreams full of snow, parcels and bows,  
A merry jingle of faraway bells returning.*



*All through the land, together, we gather  
To celebrate this cheerful, old rite.*

*And sense the enchantment on the warm  
summer breeze  
This wonderfully expectant December night.*

*Virgo*

*From the website 'Australian Poetry Library'*

## NEW MIAA WEBSITE

Our MIAA website is available for members to use and to make contributions. It yours to help build into a vibrant and active site. There will be a Forum on the Members Page to raise questions, comments and discussion.

Dedicated email addresses have now been set up so contacting MIAA and our therapists is a simple process

As the Website Programme Manager I welcome your input.

Marg Lee

### MIAA Newsletter

**COPY DEADLINES** forthcoming in 2012

Autumn: February 15<sup>th</sup>

Winter: May 15<sup>th</sup>

Spring: August 15<sup>th</sup>

Summer: November 15<sup>th</sup>

#### **Newsletter Production:**

**Editorial Committee:** Liz Ely, Bronwen James

**Please send your contributions to:**

**The Editor:**

**Email address to be advised**

Please send in Word format if possible.

## **MIAA EVENTS**

### **MEMBERS' WEEKEND: "REFLECTING AND DREAMING".**

On October 22 and 23, MIAA members enjoyed a weekend of professional development and sharing of expertise and ideas. It was a stimulating 2 days incorporating a balanced program of experiential and didactic presentations with stimulating discussion.

**Day 1** was set aside for registered GIM therapists to focus on more professional issues and continuing education that related to their clinical practice. Greg Stebbing kicked off the day of reflection and dreaming for the future of MIAA with a music and imagery session which showcased new music from Spanish and Argentinean composers. This was a very interesting experience for us to image to music we did not recognise. Thanks Greg.

A discussion over professional issues focused on how we approach our work ethically as individual clinicians beyond MIAA's ethics document. This vigorous conversation was both enlightening and encouraging. Then after lunch, Kay Kilham presented a case study where she showed how she categorised the client's key images into the four elements of fire, air, water and earth. This was a really helpful way to present a session like this.

The day closed with a Special Members Meeting to discuss how to support the council and plan for the future of MIAA and the practice of GIM. It was an encouraging time as several people offered to take up some of the tasks and the day ended with a positive vibe and the promise of a vibrant future.

**Day 2** was set aside for everyone and it was great to meet some new MIAA members and others who are part way along the GIM journey. Pat Hamilton, an RGIMT from NSW, lead the morning sessions on working with dreams in a new and fresh way. Pat is a great facilitator and always has interesting ideas and creative things for us to do together. In the afternoon we watched a new DVD featuring some of the GIM "Fellows" from the Association of Music

and Imagery in the USA. This was a very moving presentation of Helen Bonny and her work from the very beginning of the development of GIM and its growth over last 30 years. Denise Grocke closed the 2 day program with a final music and imagery experience involving creative reflection with a piece of music not on the GIM repertoire, Violin Concerto No. 3 by Saint Saens.

Thank you to the Council and all of the presenters for this great professional, educational, fun and encouraging weekend.

### **MIAA 2011 CERTIFICATE COURSE**



(from left) Rebecca Wong, Adele Sztar and Dale Keenan

Congratulations to all who have just completed the 2011 Certificate Course.

Welcome to the MIAA family and we look forward to interacting with you in the future.

Our thanks also go to our trainers Carolyn van Dort and Jennifer Marr for their continuing dedication and hard work in assisting our trainees to complete the Certificate Course.

### **RECENT EVENTS – AMTA CONFERENCE REPORT**

#### **Australian Music Therapy Association 2011 National Conference 37<sup>th</sup> AMTA National Conference Family, Groups and Systems: The Ecology of Music Therapy Reviewing MIAA's Relationship with AMTA**

Cherie Baxter and Meran McKenzie presented a 20 minute power point presentation titled "AMTA and MIAA: A Reflection on Relationship" to the

outgoing National Council meeting on September 16. AMTA and MIAA have had a reciprocal arrangement in place since 1997. It has involved a sharing of publications, advertising and invitation to attend each other's AGMs. MIAA's President at that time Kay Kilham requested a review of the arrangement early in 2010 resulting in a letter from AMTA Council in March this year. To my knowledge, September 16 2011 was the first direct face to face meeting ever held between our associations. It provided a unique opportunity to identify our relationship over time and ponder on what it might hold for the future. It catalysed discussion and prompted further consideration by AMTA National Council resulting in a promise to develop our relationship further.

#### **MIAA on Display**

A MIAA information booth provided a hub for display and interaction at the National Conference. This provided a platform for information display (e.g. banner, brochures, membership forms etc.). Positioned next to the University of Melbourne table, it assisted communication about training in Music and Imagery, Therapy and other services.

Cherie Baxter

## **PACFA**

### **Important Dates/Events**

- PACFA eJournal is being launched 2012. The editor is Adam Rock.
- March 17-18 2012 PACFA Council Meeting, Sydney
- October 13 – 14 2012 PACFA AGM, Melbourne
- October 27 – 28 2012 PACFA Conference, Melbourne

Theme: **What works? An exploration of effectiveness in counselling and Psychotherapy**

Contact: [distow@bigpond.net.au](mailto:distow@bigpond.net.au)

**Psychotherapy Research Association Conference  
November 2012**

Cherie Baxter

Don't forget to advise the MIAA Secretary if you have a change of email address

## **MIAA LIBRARY NEWS**

### **Psychotherapy in Australia** (November 2011)

Once again contains interesting articles some with relevance to our work as GIM Therapists:

### **What does mindfulness really mean? Therapeutic and liberating effects: Part II** Ivan Milton

Log on to the website for further information

[www.psychotherapy.com.au/](http://www.psychotherapy.com.au/)

**Log in to the MIAA website:**

[www.musicandimagery.org.au](http://www.musicandimagery.org.au) to see the latest library list and submit your library loan request.

## **GIM IN 2012**

### **Playing a Different Tune in Newcastle for 2012**

As most of you know RGIMTS are thin on the ground in NSW and there is only one in Newcastle. But the word is getting out and there could be some new interest in the modality soon. Patricia Hamilton will be introducing the Counselling Community of the Central Coast/Hunter to the delights and power of GIM at the ACA bimonthly meeting on 16<sup>th</sup> April 2012. She will be following her usual format of offering the experience of the music along with an interesting case study showing not only the benefits of the music but also how the mandala confirms and extends the narrative of the session. She may even have time to introduce the group to the workshop she has developed on the Archetypes and how they can be worked with using the music and drawing. Who knows where this will lead.

**Venue:** Carrington Community Centre  
Cnr. Young and Hargraves Streets. Carrington

**Time:** 2pm, April 16<sup>th</sup> 2012

## EUROPEAN GIM CONFERENCE 2012

Vadstena Sweden:19-23 September, 2012

### SPIRITUAL DIMENSIONS OF GIM Body - Mind - Soul – Music



**WELCOME to the 10th  
European GIM conference  
Hosted by ENGIM and organized  
by Expressive Arts!**

Call for papers:  
Deadline is February 25, 2012.  
Chair of Scientific Committee:  
Lars Ole Bonde:  
[lobo@hum.auu.dk](mailto:lobo@hum.auu.dk)



### MARI PRACTITIONER TRAINING Mandala Assessment Research Instrument 2012

*Therapeutic Assessment tool for professionals  
offering enhanced client insight and Personal  
Growth*

**THE MARI:** (new to Australia)

- \* is the newest and most comprehensive psychological assessment
- \* **Based** on Jungian concepts ---especially the mandala
- \* Uses symbols (mandalas), colours, and developmental stages
- \* Highlights individual's strengths and potential in life
- \* Reveals a visual picture of the psyche
- \* Reveals areas of tension and attention in the conscious and unconscious

#### THE MARI WORKS BECAUSE

- \* There is a remarkable inner connection between symbols, colours and what is going on in an individual's life
- \* The Mari passes beneath the radar of the ego

- \* The psyche cannot tolerate self deception
- \* The client provides their own intuitive solutions
- \* The MARI is based on the client's urge toward wholeness and individuation

#### COURSE STRUCTURE

1. **MANDALA BEAMING** --- invitation to immerse in an experiential personal journey --- explore life strengths, energies and quests through your own choice of symbols, colours, archetypes, and Mandalas on the Great Round of life. 2.5 days.
2. **MARI/ MANDALA --- DANCING WITH SYMBOLS**  
Enter the wonderful language of Symbols , Colour and Archetypes --- insights for navigating life paths, energy flows, and awakenings to the rhythm of symbols and the archetypes they invite/suggest. 2.5 days
3. **MARI/ MANDALA ---TRANSFORMATIONS...** Explore the deeper dynamics/ energies of colour at various Stages on the Great Round --- and experience the MARI as it all comes together --- a powerful/insightful instrument for individuals and Professionals. 2.5 days

#### MARI TRAINING OPPORTUNITIES 2012

**Launceston:** 1). 10---12 August, 2) 5---7 Oct., 3) 16---18 Nov.

**Dorrigo, NSW:** dates for 2012 TBA

**Hobart:** 1) 11---12 June, 2) 20---21 Aug., 15---17 October

**Apollo Bay, Claerwen Retreat:** 1) 4---6 May, 2), 29/6---1 July, 3), 28---30 Sept.

**Online MARI ...** 19---21st March

**For MARI Practitioner Training in your area please contact**

**WENDY NASH**, Registered MARI Practitioner/Teacher, Mast of Counselling, Bach.of Education.

Cert. in Initiatic Art Therapy

Mob: 0409703779

Web: [www.wendynashstudio.com](http://www.wendynashstudio.com)

US link: [www.maricreativeresources.com](http://www.maricreativeresources.com)

## CHRISTMAS IN MELBOURNE

### THE TUDOR CHORISTERS

present

“Sing Nowell!”

**FRIDAY 16TH DECEMBER, 8.30PM  
ST PATRICK'S CATHEDRAL  
ALBERT STREET, EAST MELBOURNE**

TICKETS: (03) 9513 9992

\$25 FULL / \$15 CONC / \$60 FAMILY

WEBSITE: [www.tudorchoristers.org.au](http://www.tudorchoristers.org.au)

EMAIL: [concertbookings@tudorchoristers.org](mailto:concertbookings@tudorchoristers.org)



# *Music and Imagery Association of Australia Inc*

Reg. No. A0032180H

ABN 33 796 122 546

## **SPECIAL GENERAL MEETING**

of the

### **Music and Imagery Association of Australia Inc**

Venue: 151 Barry St Carlton

Date: 22/9/11

Time: 3pm-5pm

Chairperson: Denise Grocke

### **MINUTES**

#### **1. Present**

Mary Roudie, Jennifer Marr, Carolyn Van Dort, Florence Holligan, Meran McKenzie, Patricia Hamilton, Kay Kilham, Margaret Lee, Denise Grocke, Cherie Baxter, Brenda Wallace, Millie Wong, Roman Ilgauskas, Annette Baron

#### **2. Apologies**

Alison Short, Jeremy Williams, Peter Ballard, Carrie Salter, Marea Richardson, Rachael Martin, Louise Terry-Clark

#### **3. Business:**

#### **i. Have MIAA numbers reduced to a level that it no longer has a critical mass making it difficult to function as a viable energetic organization?**

- Two sections to the question: can we function as an organization/viable energetic organization.
- MIAA currently has about 38 members, 18 RGIMTs, 8 students.
- Depends on what the organization wants to achieve. What are the essentials for MIAA – what can we let go of? Image of colander.
- How can we meet our needs more by co-operative efforts?
- What makes an organization to be viable and energetic?
- Query number of members who are actively engaged in the MIAA and/or the process of GIM.

#### **ii. Is MIAA as currently constituted going to be adequately able to cope with the increasing demands of PACFA re Fees/Registration/Training?**

- Numbers – 18 RGIMTs eligible for PACFA register. Currently have 5 members on PACFA register (4 Clinical, 1 Provisional). Fees are ~\$325 for MIAA as an association and \$155 per RGIMT. To join the PACFA register costs a joining fee of \$99 (and 750 client hours/ 75 hours supervision for same period).
- In five years PACFA Members Associations will need 20 members eligible for the PACFA Register. Query the kind of members required (general, RGIMT or PACFA register).
- Supervisors training is required for those who wish to register on the Supervisors register.
- Accredited course – uncertain about implications for what it means for MIAA as we haven't gone through the process of having training accredited.
- Ethics to keep abreast of the PACFA Ethics document and it is time for review. Current change to Code of Ethics has been proposed by PPC is for RGIMTs to have professional indemnity insurance. .
- PACFA Delegate – takes time and attention from MIAA. We can have two delegates.

- PACFA appears presently open to discussions and it would be advantageous for us to have them. PACFA keeps MIAA accountable and moving ahead.
- What would it give MIAA to align with another association? MIECAT, CAPAV, AMTA, DTTA
- Clarity on PACFA requirements, to achieve clear answers
  - Supervision (including recognition of prior learning)
  - Number of members required? Time frames
  - Aligning with other groups
  - MIAA's commitment required to benefit from participation.

**Next three points combined**

**iii. Discussion about Succession Planning for Council & Training.**

**iv. The resignation of the Vice President Liz Ely and**

**Marg Lee from secretarial position leaving the Council severely under-manned:**

**How can the MIAA Membership assist to fill these vacancies?**

**Co-opting of additional members/ assistants to Council.**

**v. How can the membership assist in the outsourcing of various tasks to reduce the workload on the Council**

- a) **Planning and organizing of Events**
- b) **Review of Code of Ethics/Constitution**
- c) **Building MIAA's profile e.g.: Assisting to build the website**
- d) **Promotion of Bonny Method of GIM & MIAA to complementary organizations**
- e) **Fundraising/Grant seeking**

Maria Brett (PACFA CEO) suggested that MIAA Council focus on strategy. Each role needs to have a position description, and probably a manual of procedures is required.

- Website platform development – Margaret Lee
- Website development – Millie Wong
- Newsletter – Margaret Lee
- RGIMT support – Carolyn Van Dort including face to face events and on-line sessions or teleconferencing.
- Kay Kilham – PACFA liaison
- Brenda Wallace – Buddy relationship for new graduates
- Membership Officer – Patricia Hamilton
- Publications Officer – Denise Grocke
- Archives – Margaret Lee
- Queensland Promotion – Meran McKenzie
- Promotion – SCAPE – Roman Ilgauskas
- Promotion – ACA Newcastle – Patricia Hamilton
- Code of Ethics review – MIAA PPC
- Minute Secretary – Millie Wong
- Vice President (not President Elect) – Meran McKenzie

**Website Development**

Introducing GIM power point slide presentation – Greg Stebbing, Denise Grocke

Authors of articles to contact editors about reproducing their articles on the MIAA Website –

Diana Scott, Jennifer Marr, Florence Holligan, Denise Grocke

MIAA Conference proceedings – Jennifer Marr to request authors

Grants – Australia Council could be used from bring someone from overseas

**vi. Do RGIMT's currently feel that there is an adequate system of support from MIAA for them in their work?**

Not discussed.

Minutes taken by Cherie Baxter